

## WHAT TO BRING

The items listed below are things that we have found through experience to be helpful yet are often forgotten or overlooked while packing for a mission trip.

1. Anti-bacterial hand cleaner (a small bottle)
2. Bible/Notepad
3. Bottled water (a few small bottles)
4. Insect repellent
5. Camera/film
6. Candy (hard candies, individually wrapped, for treats for the children)
7. Cap, hat, visor (the weather can be hot)
8. Dictionary - English to Spanish (optional)
9. Extra set of clothes in your carry-on (don't put all of your clothes in your checked bag!)
10. Fannie Pack (to help keep up with your valuables)
11. Light Jacket (the weather can turn wet and cool)
12. Packet of baby wipes for personal use
13. Passport/Copy of your passport (also make a copy to leave at home)
14. Personal Snacks
15. Personal Medicines: Tylenol, personal prescriptions in original bottles, etc.
16. Personal items: soap, toothpaste, etc
17. Plastic drinking cup (this is a must have item, get one with a lid)
18. Rain Poncho
19. Shot Record
20. Sun Screen
21. Sunglasses
22. Toilet paper
23. Personal spending Money (small bills, 5's 10's also fifteen or twenty 1's)
24. Towels, wash clothes